



Symposium 1

	
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E-mail	Kallaya.kij@mahidol.ac.th
Title	
Abstract	
CV	<p>Prof. Kallaya Kijboonchoo received her Bachelor's degree in Chemistry from Chiang Mai University, and her Master's degree in Nutrition Biochemistry and Metabolism from MIT, USA. She later got her Ph.D. in Nutrition Physiology from University of Glasgow, Scotland. She spent her long lifetime working in Sports Nutrition to educate the coaches and athletes in healthy food consumption and sound nutrition. She was also a consultant in nutrition for the Thai national athletes and the exercise enthusiasts. Moreover, she published the valuable book in Sport and Nutrition, the first and second edition 2 yrs ago. It is the first and only one book in the field of Sports Nutrition in Thailand. The book is entitled, "Nutrition to Improve Sports Performance"; it is nationally recognized and gains a tremendous interest among athletes, coaches, scholars in the field, among others.</p>