

INTERNATIONAL CONFERENCE ON  
ADAPTATIONS AND NUTRITION IN SPORTS



Welcome Message  
Dr. Pawan K. Singal, PhD, DSc

ISAM

Message from the International Society for Adaptive Medicine (ISAM)

As Honorary Life President and a Founding Member of the International Society for Adaptive Medicine, it gives me a great pleasure to extend a warm welcome to all the delegates to the 12th World Congress of the International Society for Adaptive Medicine, being held in conjunction with the 2nd World Congress of the Asian Nutrition Society for Sports and Health, under the Chairmanship of Prof. Rungchai Chaunchaiyakul. We have already received more than 100 names for the invited symposia program and the list is still growing. Such an enthusiastic response ensures a high quality Scientific Program that would provide a variety in topics from different disciplines around the focus of adaptation for a cross-fertilization of ideas as well as a global representation of delegates. We would be publishing the proceedings from this conference as Volume 9 of the series “Adaptation Biology and Medicine”.

I am most pleased to share with you that our Organization Committee in Thailand are working hard to deliver a great meeting.

Pattaya, Thailand is a great resort town for holiday time with family. I invite you most warmly to join us for a good science and a wonderful time in the friendly country of Thailand.

Yours Sincerely,

Dr. Pawan K. Singal, PhD, DSc

Honorary Life President;

Chair, International Scientific Advisory Board International Society for Adaptive Medicine

Winnipeg, Canada