

## INTERNATIONAL CONFERENCE ON ADAPTATIONS AND NUTRITION IN SPORTS



Welcome Message  
Rungchai Chaunchaiyakul, Ph.D.

# ANSSH

### Message from the President of the Asian Nutrition Society for Sports and Health (ANSSH)

Welcoming speech from the President of ANSSH On behalf of The Asian Nutrition Society for Sports and Health (ANSSH), I heartily welcome all of you for the 2nd Annual conference of this society. As the name implies, ANSSH will put all effort to strengthen the academic activities of nutrition science for either general population or athletes. ANSSH is one among collaborated organizations which held “International Conference for Adaptations and Nutrition in Sports (ICANS) 2018”. In this conference, we aim to bring about adaptations and applications of nutrition on human sports/exercise performance. Apart from sports nutrition, areas of presentations and discussion are widely open for sports physiology, medicine, psychology, biomechanics and coaching and training. In the coming days, participants will join with ICANS 2018 activities including keynote lectures, symposia, oral and poster presentations from outstanding scientists. You will have good chances to initiate lifelong friendships and networks for those who are in the same area of interest. Awards for both poster and oral presentations are provided for those outstanding students. ANSSH ensures that our relationship will stay fruitfully for the next few years with some cocurricular and research activities that we have planned here. Aside from the outstanding conference, you have very good chance to gain experience with the world most attractive tropical places of Pattaya.

With warm welcome, I strongly encourage you to get involved.

Yours Sincerely,

Rungchai Chaunchaiyakul, Ph.D. Assoc.Prof. in Exercise Physiology

President, ANSSH 2017