



Message from the President of Khon Kaen University

On behalf of Khon Kaen University, in conjunction with the 12th World Congress of the International Society for Adaptive Medicine (ISAM), the Asian Nutrition Society for Sports and Health (ANSSH), Sports Authority of Thailand (SAT) and many well-known Thai Universities which had expertise in Exercise and Sport Sciences including Burapa University, Chulalongkorn University, Srinakharinwirot University, Kasetsart University, Department of Physical Education, I heartily welcome all of you to the International Conference for Adaptations and Nutrition in Sports (ICANS) 2018 for the theme of “Sports Nutrition and Adaptations: Preparation for Tokyo Olympic”. This conference committee aim to bring together leading researchers, academic scientists and research scholars to share and exchange their experiences and research results on all aspects of adaptation and nutrition in sports and health. It also provides a premier interdisciplinary platform for researchers, practitioners and educators to present and discuss the most recent innovations, trends, and concerns as well as practical challenges encountered and solutions adopted in the fields of adaptation of all body systems to various environment and the role of nutrition on sports and health. We expect a great deal of useful information can be drawn from the pool of expertise that will gather.

We invite you to join us in this 3-day action-oriented conference. We hope you have opportunity to experience the colorful multi-ethnic cultures of the people during all events, the diverse tourist attractions, the many gorgeous cuisines and more. Thailand welcomes you to this beautiful country.

Yours Sincerely,

(Assoc. Prof. Dr. Kittichai Triratanasirichai)

INTERNATIONAL CONFERENCE ON
ADAPTATIONS AND NUTRITION IN SPORTS



President of Khon Kaen University