

**Message from the President of Khon Kaen University**

Knowledge of physical activities and sports science benefit for people extensively. It's not only benefits for the athletes, but also general people. At present, our world is changing rapidly. Technology and innovation are also evolving quickly therefore human behavior in daily life is different from the past. Nowadays, people get little exercise which effect to their health and chronic disease. The understanding of physical activities, sports and metabolism including the measurement of the exercise behavior are very important for people in all age and special needs people. New exercise techniques and innovation are able to enrich physical potential which worth to follows and pay attention to.

Khon Kaen University realizes the significance of health promotion and exercise therefore we hold the Online International Conference on Physical Activity and Sports (IPAS 2022). The conference is a forum to exchange and update knowledge. Moreover, it is a stage for graduate students who want to present their research papers and exchange knowledge with other researchers from Thailand and other countries.

On behalf of Khon Kaen University, I would like to express my gratitude the organizing committee whose relentless efforts have made this conference a reality and thank you all participants for being a part of this event. I hope that the International Conference on Physical Activity and Sports (IPAS) 2022 will be a good chance for professors, students, academics and researchers to exchange their knowledge and create collaboration to develop the country in the future.



(Assoc. Prof. Charnchai Panthongviriyakul, M.D.)

The President of Khon Kaen University